

Frequently Asked Questions (FAQs)

Lactation Room Access Guidance

The lactation rooms are equipped with a chair for comfort, a mini fridge for storage, and a side table to rest your items. You may reserve them in advance at the lactation [sign-up page](#).

How do I access the lactations rooms?

When you make your **reservation**, take note of descriptions anchored to each location regarding business hours or whether the room is equipped with a mini fridge.

There are three lactation rooms:

- 1) 1090 Amsterdam Avenue, 6th Floor, Ste. 6A
Access: Check-in with lobby concierge for access
Business hours: 8 am – 6 pm
- 2) 440 W. 114th St. – 1st Floor - Room MU12 – Clark Building
Access: Request badge access from security; 24-hour access
Note: *no mini fridge*
**[Email security for access](#). Provide your full name, reservation, and LIFE #.*
- 3) 1111 Amsterdam Ave. – Unit 8E; 8th Floor, Rm 8A-145 – Babcock Building
Access: punch PIN required
Note: a punch PIN will be provided via email on confirmation.

How do I book a lactation room?

Booking a lactation room is easy!

1. **Go** to our [lactation sign-up](#)
2. **Choose** from *three locations* listed on Morningside's campus.
3. **Carefully review** the date, time, and location.
4. **Select** the *vacancy* most suitable for you.
5. **Click** the “*Submit and sign-up*” button to register and confirm.

Who do I contact if I have any questions?

For questions, or issues contact [Malka Yagudayev](#) at the Office of Strategy Management.

As we launch this new program, we ask if you would please fill out our [post-experience survey](#) to help us collect useful feedback you may have.

Frequently Asked Questions (FAQs)

Lactation Room Sign-up

MSM
Lactation Rooms - Mount Sinai Morningside

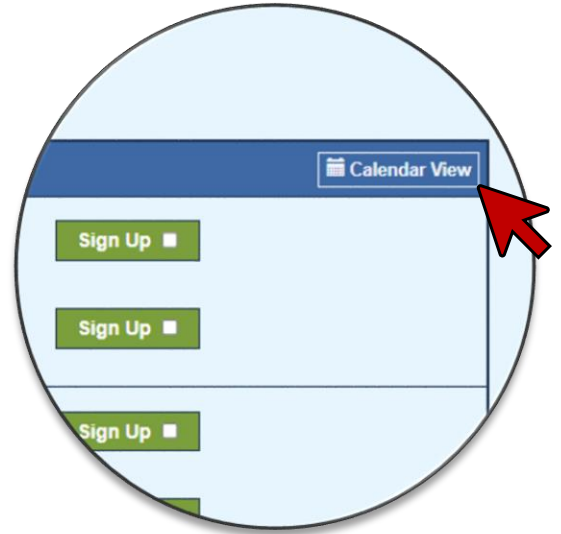
- Choose from three locations on Morningside's campus.
- Carefully review the date, time, and location.
- Select the vacancy most suitable for you.
- Click the sign-up button, then enter your name and Email for confirmation.

We're glad to serve you!

Related files:
[MSM Lactation Room FAQ.pdf \(375KB pdf\)](#)

Created by: [Office of Strategy Management](#)

Date (mm/dd/yyyy)	Time (EDT)	Room	Calendar View
08/03/2022 (Wed.)	12:00am - 2:00am	440 W 114th St., 1st Fl., Rm MU12 <small>Badge access required No mini fridge</small>	Sign Up
		1111 Amsterdam Ave., 8th Fl., Rm 8A-145 <small>Access: punch pin required</small>	Sign Up
	2:00am - 4:00am	440 W 114th St., 1st Fl., Rm MU12 <small>Badge access required No mini fridge</small>	Sign Up
		1111 Amsterdam Ave., 8th Fl., Rm 8A-145 <small>Access: punch pin required</small>	Sign Up
	4:00am - 6:00am	440 W 114th St., 1st Fl., Rm MU12 <small>Badge access required No mini fridge</small>	Sign Up



Calendar View

Sign Up

Sign Up

Sign Up

AUG 2022 < > List View

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 440 W 114th St., 1st Fl.,... (12:00am-2:00am) 1111 Amsterdam Ave., 8th ... (12:00am-2:00am) + more Sign Up	4 440 W 114th St., 1st Fl.,... (12:00am-2:00am) 1111 Amsterdam Ave., 8th ... (12:00am-2:00am) + more Sign Up	5 440 W 114th St., 1st Fl.,... (12:00am-2:00am) 1111 Amsterdam Ave., 8th ... (12:00am-2:00am) + more Sign Up	6 440 W 114th St., 1st Fl.,... (12:00am-2:00am) 1111 Amsterdam Ave., 8th ... (12:00am-2:00am) + more Sign Up
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Fri

5
440 W 114th St., 1st Fl.,...
(12:00am-2:00am)
1111 Amsterdam Ave., 8th ...
(12:00am-2:00am)
[+ more](#)
Sign Up

Date: 08/03/2022 (Wed.)

Time (EDT)	Room	Sign Up
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4:00am-6:00am	440 W 114th St., 1st Fl., Rm MU12 (1) <small>Badge access required No mini fridge</small>	Sign Up
	1111 Amsterdam Ave., 8th Fl., Rm 8A-145 (1) <small>Access: punch pin required</small>	Sign Up
6:00am-8:00am	440 W 114th St., 1st Fl., Rm MU12 (1) <small>Badge access required No mini fridge</small>	Sign Up

Select Other Days

Submit and Sign Up

Lactation Rooms

1090 AMSTERDAM AVE. - 6TH FL. - SUITE 6A



440 W. 114TH ST. - 1ST FL. - RM MU12



111 AMSTERDAM AVE. - 8TH FL. - RM 8A-145

